## CDS Monarch

## Family News



A message from CDS Monarch President/CEO, Sankar Sewnauth

Dear Families:

I hope this finds you all doing well. I would like to express my appreciation and congratulations to The Wolf Foundation for raising a record \$26,000 at the 6th Annual "Strikes for Abilities" Bowling Party. Thank you to all those who supported the event in some

way and for recognizing the importance of securing funds for health, wellness and recreational activities for people with disabilities.

The involvement of families in the agency is important, especially in a time of change in New York State. Donations, volunteering and attending Family Advocacy meetings are highly encouraged. I hope you will join me on March 27th (see reverse) to learn more. As always, thank you for your continued support of CDS Monarch.

Sincerely,

Sankar Sewnauth

CDS Monarch President/CEO



Community Living

Community Living is a new initiative by CDS Monarch, designed to take service delivery to the next level for individuals and their families. While traditional models once

separated services (like Day Habilitation or Clinical Care), Community Living reframes the focus on what an individual specifically needs. Thus, one person may receive Occupational Therapy once a week in their home. Another might attend a Day Program for two hours, and then receive Physical Therapy at their home for another hour. Another individual might only want weekend respite services. The possibilities are endless! In doing so, individuals are put first as they work toward their personal dreams.

CDS Monarch is taking this innovative approach to provide individuals with the opportunity to to live independently and get more involved in their community. This new opportunity will allow individuals who would like to transition away from the traditional group home model into new independent apartment buildings. By transitioning to Community Living, your loved one will be able to celebrate the skills they have learned by doing more on their own.

Community Living includes Day Services, where an individual can receive specific supports for a small or large part of the day (even just for a few hours). For Residential options, Community Living asks the question, "where can your loved one live that maximizes their independence and joy?" For some, who may want more autonomy, perhaps an uncertified apartment might be a good fit. Yet for others, Family Care may be ideal, where an individual has the opportunity to interact and enjoy life in the home of a family. Furthermore, for individuals and families that want to explore home ownership, the Home of Your Own (HOYO) option exists for three or more individuals who would like to purchase their own home, with CDS Monarch support.

If you feel that your loved one will benefit from Community Living and you would like to learn more, please attend one of our open information sessions on Wednesday, April 3rd or Wednesday, April 17th at 5:30pm at the Wolf Life Transitions Center (860 Hard Road, Webster, NY). Please RSVP to Tammy Chaney at (585) 347-1235 if you plan to attend. For additional information, please contact Andrew Sewnauth, Administrator for the Community Living Program, by email at Andrew.Sewnauth@cdsmonarch.org, or by phone at 347-1065.



## Corporate Office

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## Vision Statement

CDS Monarch, Inc. is a worldclass organization that supports people in pursuit of their personal dreams.

Family Advocacy Network Meeting
Featuring CDS Monarch President/CEO, Sankar Sewnauth

Featuring CDS Monarch President/CEO, Sankar Sewnauth Topics: OPWDD New Service Delivery System and iCircle Services March 27th at 5:30pm

Wolf Life Transitions Center (860 Hard Road, Webster, NY 14580) \*RSVP to Melissa Mulcahy at Melissa.Mulcahy@TheWolfFoundation.org or 585-347-1208.



